



YMCA Camp Kitchikewana

Outdoor Centre Planning Guide

2016



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Welcome to the YMCA Camp Kitchikewana Outdoor Centre

The YMCA of Simcoe/Muskoka is a charity that excels in strengthening our communities by providing opportunities for personal growth through values based programming. The YMCA Camp Kitchikewana Outdoor Centre takes great pride in providing programs that expose participants and staff to the natural environment through new experiences and outdoor learning.

For over 95 years the YMCA Camp Kitchikewana Outdoor Centre has provided educational programming to thousands of youth and adults on Beausoleil Island, in Georgian Bay Islands National Park. We offer high quality programming in a unique geographical region, on a historically significant site, and a location which is home to a wide variety of wildlife. Georgian Bay Islands National Park provides a beautiful setting that is perfect for all ages to experience the outdoors while learning new skills, making new friends, and enjoying a special part of Ontario.

The following Teacher's Planning Guide will help you become familiar with the programming options we offer at YMCA Camp Kitchikewana Outdoor Centre. We will work with you throughout the planning stages of your trip to ensure that your needs are met, that you and your participants have the best Outdoor Centre experience possible, and that any special requirements you have are addressed quickly and effectively by Outdoor Centre Staff. If you have any questions please do not hesitate to contact us.

Camping matters,

Ben Rabinovitch

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Directions to YMCA Camp Kitchikewana

Location: YMCA Camp Kitchikewana is located approximately 1.5 hours north of Toronto on beautiful Beausoleil Island, the largest island in Georgian Bay Islands National Park. Beausoleil Island boasts a wide variety of natural and cultural resources and is located along a geographical transition zone. It is along this stretch of Georgian Bay where the rugged windswept rocks of the Canadian Shield and hardwood forest of the Southern Great Lakes-St Lawrence Lowlands meet. As a result of this meeting, the park has a variety of habitats and is home to the greatest diversity of reptiles and amphibians in any National Park in Canada.



Campsite: YMCA Camp Kitchikewana is nestled amongst shady oak and pine trees and is surrounded by three beautiful protected bays. With clean water, sandy beaches and access to over 22 kilometres of well-maintained hiking trails, YMCA Camp Kitchikewana is perfect for exploring the natural world.

Directions:

From Barrie/Toronto

Take Hwy 400 north to Muskoka Rd 5 Exit – Honey Harbour Road
Off the exit ramp, turn left onto Honey Harbour Road
Follow Honey Harbour road 15 minutes into the Town Centre Docks where you will meet our camp boats (across from the grocery store and library)

From Midland, Wasaga, Collingwood

Take Hwy 12 East to Hwy 400 North
Then follow above directions

From Orillia

Take Hwy 12 West to Hwy 400 North
Then follow above directions

From Parry Sound

Take Hwy 400 south to Muskoka Rd 5 Exit – Honey Harbour Road
Off the exit ramp turn West onto Honey Harbour Rd



Georgian Bays Islands National Park

Georgian Bay Islands National Park is a unique setting that is home to a diverse population of plants and wildlife, including several protected and endangered species. The park also has deep cultural roots. Artifacts such as ancient tools, pottery, and hunting implements, dating as far back as 7000 years ago, have been discovered on the islands of the park. The combination of wind-swept rock faces to the north of Beausoleil Island and rich hardwood forests to the south create a breath-taking setting for outdoor learning.

Georgian Bay Islands National Park staff work in partnership with YMCA Camp Kitchikewana by providing curriculum-linked environmental and aboriginal history educational programs. Groups visiting YMCA Camp Kitchikewana during the last week of May and the month of June will witness an onsite archaeological dig, and will have an opportunity to interact with the archaeologists.

The YMCA

YMCA Mission

The YMCA is dedicated to the growth of all persons in spirit, mind and body, and to their sense of belonging to each other and the global community.

YMCA Vision

The Y inspires people to reach their full potential

YMCA Values

Caring, Honesty, Inclusiveness, Respect, Responsibility

Teachers and Schools

This section is to be used as a guide to help plan your trip to YMCA Camp Kitchikewana. If you have any concerns or questions please let us know, we will do our best to accommodate them.

- 1. Sample Program – for Day and Overnight programs**
- 2. Detailed Explanation of Program Components**
- 3. Teacher and Volunteer Supervisor Expectations**
- 4. Living/Learning Environment**
- 5. Food Service/Mealtime**
- 6. Health Care**
- 7. YMCA Camp Kitchikewana Staff**



1. Sample Program

Here is an example of a typical day at YMCA Camp Kitchikewana. Please do not feel restricted by the program choices found here; there are endless programming options. We want you to have the best program to meet your needs.

A typical day at YMCA Camp Kitchikewana:

7:30 AM	Wake Up and Morning Dip!
8:00	Hopper (Table Setting) Bell
8:15	Flag Raising (optional) – Breakfast
9:30 – 10:30	Activity “A”
10:45 – 11:45	Activity “B”
12:00 PM	Hopper Bell
12:15	Lunch
1:30 – 2:45	Activity “C”
3:00 – 4:15	Activity “D”
4:30 – 5:30	Awesome Time
5:30	Hopper Bell
5:45	Dinner
7:00 – 7:45	Evening Program #1
8:00 – 8:45	Evening Program #2
9:00	Evening Snack and Bedtime

Creating your personalized program schedule

Before your school visit, you will meet or speak with a representative from YMCA Camp Kitchikewana. Together, you will create a program that meets the needs of your students and the objectives you have set for your trip. Prior to your trip, we can run an information night with a slide show for parents and students at your school if your school is in the local region.

2. Detailed Explanation of Program Components

(Using a two-day, one-night template)

First-Day Program

Arrival at camp at predetermined time - this is very important to minimize any changes in the schedule. A YMCA Camp Kitchikewana staff member will be waiting to greet you at the Honey Harbour **town docks** (located by the Library), and when you arrive to site. **Please bring bagged lunches for first day programming, it allows flexibility with time and program changes.**

**Community Meeting**

Upon arrival to site your group will attend a “*community meeting*”. In this meeting a member of the staff will welcome you to Kitchikewana and will go over important information such as bells, meal times, warning sirens, wildlife, site boundaries, and our expectations of how the students should treat themselves, each other and our site. This session covers emergency procedures, the 3 *Respects* and “*need to know*” information.

Tour

Every group that is staying overnight will receive a guided tour. This is to ensure that a safe and enjoyable stay is had while visiting. The tour will not only cover logistics (*boundaries, trails*), but also help explain safety issues (*i.e. rules about the waterfront*). The tour will end with the group moving into their cabins, or beginning program rotations.

Program (rotations)

Classes may travel as a whole, or be divided up into groups for rotations. Rotations will include all previously-chosen program activities over the course of your stay. These groups will be together for all of the rotation activities throughout your stay, so it is wise to assign a group leader or parent/volunteer to stay with a particular group. Rotation groups should not exceed 15 students. Programs can be found on Page 9-12.

Free Time/ Down Time

There are many activity possibilities for your group at this time - get a round of Frisbee golf in, toss the football, play gaga ball, or just hang out in the centre of camp. This time might also be useful in getting ready for campfire (*when after dinner*).

Campfire Program/Evening Program

This program can be planned in a structured way allowing for plenty of group participation, or simply a casual event where people can enjoy a snack around the fire. You might want to plan a song or skit, and remember to dress for cooler weather. There are additional evening program ideas other than campfire: night hikes, skit in a bag, survival, “rocks”, action auction (*egg drop*).

Snack

A light snack is served at the end of the day right before bedtime. After snack, it is the responsibility of the teachers to get students organized and ready for bed (*teeth brushing, washroom time*). Depending on availability, this may also be an ideal time for showers. It is important that children are not left unsupervised at this time. Please ensure that participants, if they need to be out of the cabin for whatever reason, will be in a group, and with appropriate footwear and a flashlight. Students need permission, from their group leader, to leave the cabin.



3. Teacher and Volunteer Supervisor Expectations

At Camp Kitchikewana, we have always appreciated the support and hard work provided by our group leaders and parent volunteers (*chaperones*). Here are some suggestions that will assist our program staff team and help your school visit run as smoothly as possible:

Program Time

While one of our staff will be present to run programs, we ask that a group leader/volunteer remain close by during programs and participate. Any disciplinary action required will be the responsibility of a teacher or school representative.

Non-Program Time

Teachers and volunteers are responsible for the supervision of their students when they are not involved in program (*before morning dip, after evening program*). This could mean helping out with setting tables, or getting to programs. It is the responsibility of each school to ensure that a health care professional accompanies them on their visit. The school should also provide an emergency vehicle parked on the mainland that can be used to transport a student to the hospital in case of an emergency.

Pack-up/Clean-up

Approximately half an hour is scheduled for packing and cleaning up of the cabins. Please ensure that the cabin is left in the same condition that you found it in. If there is any damage to the cabin, please let a staff member know as soon as possible. If the damage (*i.e. graffiti*) is intentionally caused, the individual – if they can be identified – or the school will be charged for the cost of repairs.

Please make sure that the students check the cabin clothesline for lost and found items. We will keep lost and found items for approximately 2 – 3 weeks, and will then donate the items to charity.

4. Living / Learning Environment

Cabin groups and bedtime

Something to keep in mind when selecting cabin groups - this may be the first time that a student will experience a group living environment, and sometimes it may be the student's first time away from home. Participants are learning and living in a very close environment; please remember to take personalities and group dynamics into account when placing students into each cabin.

Cabins at YMCA Camp Kitchikewana are clean, rustic buildings designed to accommodate up to 10 people per cabin. Schools are strongly recommended to provide a supervisor for each cabin group of students.

In the evening, supervisors should make sure that students are in wind-down mode, focused on things like teeth brushing and going to the washroom before bed. Do not assume that the students will organize themselves in this process. Checking in with each individual and the whole group as to how the day's activities went can help you gain insights into the development of your students.



5. Food Service/Mealtime

Three healthy, filling and familiar meals are offered per day, and a bedtime snack of fruit or other low sugar alternative is provided each night. Servings are hearty and our food service team can accommodate most alternative or special need diets*. **In addition, YMCA Camp Kitchikewana strives to be a peanut and nut-free facility.** If you are bringing your own food, please ensure that meals do not include peanut butter or other products containing nuts.

**Please send dietary needs at least one week prior to camp visit to ensure we can accommodate the diet*

6. Health Care

Planning to meet the health care needs of your group is an important part of a successful trip. Please remember the following when preparing for your trip to camp:

- Basic health information must be brought for all participants. This information must include emergency contacts, health card number, allergies, and dietary requirements
- With the exception of EpiPens, or asthma inhalers, students should not have medications in their possession. This should be kept and dispensed by supervisors. Ensure that medications remain in their original packaging, which indicates the type of medication and dosage prescribed
- For participants under the age of 18, teachers or supervisors will be responsible for the administration of all medication. Whenever possible, contact with parents/guardians or with the school will be conducted by a school representative
- Staff are experienced in managing health issues and problems common to children attending the program (*scrapes and cuts*). We are happy to assist teachers and supervisors in the care for students

ALL GROUPS ATTENDING YMCA CAMP KITCHIKEWANA MUST PROVIDE THEIR OWN MEDICAL STAFF (OPTIONAL)

7. YMCA Camp Kitchikewana Staff

Many of our staff came to Kitchikewana as campers and now return to share their experience and knowledge of the outdoors with students and participants. This group of young adults is carefully selected for their strong leadership skills and a sincere interest in the growth and development of all participants. All staff are on duty from morning dip until the end of your scheduled evening program (*after campfire/snack*). Staff will manage the evacuation of program participants if the need arises. In addition, YMCA Camp Kitchikewana staff will manage all emergency situations according to our emergency procedures.



All staff must have:

- ✓ *Standard first aid with CPR level C*
- ✓ *National Lifeguard Service "NLS" (waterfront activities)*
- ✓ *Valid Criminal reference checks/Vulnerable sector checks*
- ✓ *Staff are trained in all emergency procedures and all activities*
- ✓ *At least one staff will be on call during the evenings if any incidents should occur*
- ✓ *Staff will bring a positive attitude*
- ✓ *Staff will introduce students to new experiences that they would not normally get in a school or home environment*
- ✓ *Staff will allow students to find their own way through challenges and will be there to support and guide them in finding solutions*
- ✓ *Most of all every staff will make sure that students have a positive, educational and fun experience that will allow everyone to grow in mind, body and spirit*

General Information and Resources

Weather

Please make sure that your group members come prepared for a variety of temperatures and weather conditions. We will try to stay as close to the intended schedule as possible, despite weather. **Raincoat and warm clothes are a must.**

Environmental

Part of coming to YMCA Camp Kitchikewana is enjoying the beauty of the natural setting. Therefore, we have woven respect for the nature and environmental focus in all of our programs. Please help us to instill this focus amongst all guests visiting YMCA Camp Kitchikewana.

Meals are served with this little rhyme in mind, *"Take what you need, and eat what you take!"* You'll see the signs in the dining hall, and you'll hear the staff say it again and again. By keeping our food waste to a minimum, we benefit in countless ways.

Tuck Shop

Our *Tuck Shop* is fully stocked with camp souvenirs and clothing (*non-perishables*). If your group would like to visit the Tuck Shop, please let us know prior to your arrival.

Drinking/Smoking

YMCA Camp Kitchikewana is an alcohol and tobacco-free site. If you have any concerns, please contact the Camp Director.



What We Need from You

Information we require prior to arrival:

We ask that you prepare the following prior to your arrival at camp:

- A comprehensive list of students that will be attending camp for the duration of their stay. Please attach to this list any special dietary or medical requirements for your students (*this is in addition to the student medical forms*)
- Completed medical forms for each student who will be attending camp for the duration of your stay. You can find a digital copy of this form attached to this document on Page 14
 - Please send these forms to camp as early as possible. We prefer to have them at least 1 week prior to your arrival
- The confirmed number of teachers/volunteers that will be attending with your school

Information we require when you arrive:

We ask that you prepare the following for your arrival at camp:

- Based on your number of selected “*core activities*”, please divide your students into the same number of groups. You may divide and name the groups as you wish.
- A completed cabin list, dividing the students as you see fit
 - Each cabin can accommodate up to 11 people, chaperones included
 - Please do not assign specific cabins to your groups. Outdoor Centre staff will take care of cabin assignments in order to best accommodate all users during your stay
- Final numbers of students, chaperones, and teachers that attended camp for your stay. This helps us make sure that we are invoicing appropriately

Programs Offered

One Hour Program Rotations

Choosing programs at Camp Kitchikewana is made easy with the following list of activities, and their descriptions. Most programs at Camp Kitchikewana are linked to the Ontario curriculum which is available upon request.

Kayaking

Students learn the fundamentals of kayaking including history, parts of the boat, entering and exiting the boat as well as basic paddling strokes. The focus of this program is to equip the students with enough knowledge to be able to participate in a group paddle after the initial lesson. – Duration 1 hour.

Canoeing

Students learn the fundamentals of canoeing including history, parts of the boat, entering and exiting the boat as well as basic paddling strokes. The focus of this program is to equip the students with enough knowledge to be able to participate in a group paddle after the initial lesson. – Duration 1 hour.



Initiative Games/Tasks

Students learn to work as a part of a group in order to solve problems and complete tasks. The focus of this program is to develop the student's communication, co-operative and problem solving skills as well as to instill the sense of accomplishment that comes with a job well done. – Duration 1 hour.

Low ropes

Students must work both as a team and independently to accomplish a number of tasks on a steel cable course three feet above the ground – Duration 1 hour

Discovery Orienteering

Students learn about maps and navigation as it is done without electronic assistance. A focus on knowledge of map types and specific navigation skills is used with the intent of having students feel confident about maps in a battery-free environment. Students will also navigate our site using a map to find markers. This portion of the program is to help students develop better special orientation skills, as they relate to transfer from 2D to 3D environment. - Duration 1 hour

Compass Orienteering

Students learn about the compass and how to use one properly. With the surrounding area and the use of maps – the challenge can vary from playing compass games to route planning and navigating an orienteering course set up at camp.- Duration – 1 hour

Outdoor Living Skills

Students learn about shelter, fire-safety, and preparedness are all addressed as crucial to outdoor living. Fire and shelter building techniques are covered for common camping environments in the area. Once the students have learned about being prepared, building fire, and shelters, their new found skills are put to the test in a fun and safe survival challenge. Duration – 1 hour

Nature Walks

Students go on a hike on a National Park trail and complete different activities along the way. The focus of this program is the natural world. Topics covered in activities include: the food chain, the air and water cycles as well as sensory experiences of the outdoors. – Duration 1 hour

Archeological Program

An on-site dig area where students will learn what it's like to be an Archeologist. The session begins with explaining how to ask questions about history, and what certain discoveries mean. Students will be lead through a tour of the historical significance of the YMCA Camp Kitchikewana site. – Duration 1 hour

Archery

Students learn basic archery skills and safety including: proper stance & posture, how to nock an arrow, and drawing the bow, aiming & releasing. Students will have the opportunity to hone their skills by shooting at targets and engaging in friendly & safe accuracy competition, while also learning about archery's traditional First Nations uses. – Duration 1 hour



Whole-Group Programming and/or Evening Programs

National Parks Program (only available during the day)

In partnership with **Georgian Bay Island National Park** this program informs students of the history and/or ecological nature of Beausoliel Island. Students attend a presentation by **Georgian Bay Islands National Park** staff focusing on the history of the Native communities that inhabited the local area and their way of life as well as the variety of wildlife which inhabits the island today.

The Animal Game

The students are divided into groups of animals classified as “herbivore” “omnivore” and “carnivore” and then play an active game based on a linear food chain model. This program teaches children basic information about animal feeding dynamics and offers experiential and active learning while living the thrill of trying to survive the natural world.

Capture the Flag

Using the whole/half of the camp site – students compete against each other in capturing the opposing team's flag. This game provides a chance for students to exercise, strategize and challenge them to work as a team.

Action Auction

In groups, students bid on a wide variety of objects, without knowing why they are buying them. Once all the objects have been auctioned off, it is revealed that students will need to work together using the purchased objects to complete a task. This program presents an opportunity for students to work together and share their ideas, as well as come together to accomplish a task in a fun environment.

Talent Show

Students get to display their talents, individually or in groups, to the rest of the group. This program gives the students an opportunity to become comfortable in front of a group of people.

Skit in a bag

Students are given a bag full of costumes and props and words. From there students work in groups to develop a skit that includes all that they have been given. This program gives students the opportunity to work together in a creative manor as well as an opportunity to develop self confidence when it comes to being in front of a group of people.

Human Scavenger Hunt

In groups students are given a list of Categories that they have to present to a panel of “judges” some categories include “*funniest joke*” “*best impression of your teacher*” “*fastest backwards alphabet*”. This program is a good opportunity for each student to be in front of the group without the fear of feeling awkward because everyone is being silly.

Big Group Games

A wide variety of games that are fun and active - the purpose of this activity is to engage the students in physical activity and allow all children to achieve success while at camp.



Kitchi Carnival

Students rotate through different activities with their friends including apple bobbing; face painting, musical chairs etc.

Campfire

YMCA Camp Kitchikewana Staff run a fun filled campfire for students, complete with campfire songs, "repeat after me songs", skits and stories.

Night Hikes

Staying on hiking trails, bringing flashlights to get to the destination and staying close to camps main site (*before or after campfire*)– we take students in small groups and lead them through some activities to see being outdoors at night is not as scary as it seems.

Half-Day Programs

Half Day Hikes

Students hike from camp to Fairy Lake, which is a level three protected ecosystem on the northern end of Beausoleil Island. The focus of this program is to expose the students to the natural world as well as the continued conservation efforts of **Georgian Bay Islands National Park**. Students will learn what they can do to reduce their foot print on the earth.

Half Day Hike and Canoe

Half of the students hike and half canoe from camp to Fairy Lake, then switch modes of transport and return to camp. The focus on this program is to expose the students to the natural world, as well as the ongoing conservation efforts of **Georgian Bay Island National Park**. This program gives students an opportunity to develop the skills learned in their introduction to canoeing program.

Out-Tripping Programs

Canoeing

Using Camp Kitchikewana as a base camp, groups can plan, pack and prepare for a canoe adventure. We provide canoes, packs, safety equipment and food for these trips. From Beausoleil Island you can connect to many canoe routes off of Georgian Bay. We provide staff certified in *NLS* or *Wilderness First Aid*, all routes are within cellular telephone range. Routes can be planned for a 1-5+ night canoe trip.

Routes include; the *Musquash River*, *McCrae Lake*, *Honeymoon Bay*, *Crooked Bay*, *Gibson River*, *Hungry Creek*, and around *Beausoleil Island (sites)* as well as many, many more.

Hiking

We are located on Beausoleil Island in **Georgian Bay Islands National Park**. This gives us the benefit of accessing its many hiking trails. Our hiking routes can be planned for a 1-4 night program. Groups are responsible for carrying their own equipment, while we will provide and place fire wood at designated camp sites.

FOR MORE INFORMATION PLEASE CONTACT US AT CAMP KITCHIKEWANA FOR ROUTE PLANS AND HIKING TRAIL INFORMATION



Fees and Payments

Deposit

A \$500 deposit is required by January 30th, 2016 to keep your booking. An invoice will be given to you at camp (to make sure the numbers are correct) for your school visit. We ask that the remaining payment is completed within two weeks after the visit.

The fees are \$74.00 (plus HST) per camper per 24 hour period. Please use the following guide to calculate your fees:				
Arrival Day	Departure Day	# of 24 hour periods	Prices Before Taxes	Prices Including Taxes
Day Program		5-8 hour	\$ 32.00	\$ 36.16
Thursday	Friday	1	\$ 74.00	\$ 83.62
Wednesday	Friday	2	\$ 148.00	\$ 167.24
Tuesday	Friday	3	\$ 222.00	\$ 250.86
Monday	Friday	4	\$ 296.00	\$ 334.48
Out-trips		Per day	\$ 68.00	\$ 76.84

Teacher/Chaperone Fees (per day, tax included)

Chaperone (cabin supervisor, 1 free every 10 participants)	No Charge
Additional Chaperone/Teacher/Supervisor	\$30.00
Medical Staff	No Charge

Extra meals can be provided for your group for the bus ride home at the following rates:		
Type of Meal	Contents	Cost
Box Lunch	1 sandwich, 1 piece of fruit, 1 juice box, 2 cookies	\$4.00 each
Snack	1 piece of fruit, 1 juice box, 1 cookie	\$2.50 each

**All participant fees may be negotiated based on the amount of food, programs and staffing YMCA Camp Kitchikewana provides the user group. Deposits are non-refundable if cancellation occurs after April 1, 2016.*

***We are encouraging groups to **pack their own bag lunches on arrival day** (this allows first day procedures to run smoothly). If you would like camp to provide a dining hall or bag lunch for the participants, there is an added fee.*

YMCA CAMP KITCHIKEWANA SPRING/FALL MEDICAL FORM



Name (first) _____ (last) _____		HEALTH CARD # _____
Home Address _____		Name of School _____
Emergency Contact Name & Phone # _____		
Allergic Reactions <input type="checkbox"/> Penicillin <input type="checkbox"/> Other drugs: <input type="checkbox"/> Bee/Wasp Stings <input type="checkbox"/> Nuts <input type="checkbox"/> Lactose <input type="checkbox"/> Other food - list _____	Type of Reaction (symptoms) Treatment 	Please check if you have had: <input type="checkbox"/> Chicken pox <input type="checkbox"/> Red Measles <input type="checkbox"/> Asthma <input type="checkbox"/> German Measles <input type="checkbox"/> Appendicitis <input type="checkbox"/> Frequent Colds <input type="checkbox"/> Epilepsy/Fainting <input type="checkbox"/> Sinus trouble <input type="checkbox"/> Ear trouble <input type="checkbox"/> Mumps <input type="checkbox"/> Hepatitis <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Hay Fever <input type="checkbox"/> Severe stomach pain
DIETARY CONCERNS <input type="checkbox"/> Vegan (no meat products) <input type="checkbox"/> Partial vegetarian: <input type="checkbox"/> eats dairy <input type="checkbox"/> eats eggs <input type="checkbox"/> eats chicken EATING HABITS <input type="checkbox"/> Fussy <input type="checkbox"/> Average <input type="checkbox"/> Hearty		Date of Birth (YY/MM/DD) _____
Advice about habits, physical or emotional needs: (For specific problems, of a confidential nature or where more information is required, please enclose a letter addressed to the Camp Director, marked <i>Confidential</i>) 		REGULAR MEDICATIONS <input type="checkbox"/> I require regular medication which I will bring to camp List type and dosage: <input type="checkbox"/> I require irregular medications which I will bring to camp List type and dosage: <input type="checkbox"/> has environmental allergies <input type="checkbox"/> has asthma (will bring medication) <input type="checkbox"/> yes, the camp chosen medical person can administer following medications to me if I require them:
SWIMMING ABILITY My camper is a: <input type="checkbox"/> non-swimmer <input type="checkbox"/> moderate swimmer <input type="checkbox"/> competent swimmer (able to swim unassisted in the deep end of the pool)		SLEEPING HABITS <input type="checkbox"/> walks in sleep <input type="checkbox"/> nightmares Do you have particular fears? <input type="checkbox"/> Yes, explain: _____
PROGRAM Do you require special assistance to participate as a camp leader? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, explain: <input type="checkbox"/> physical disability <input type="checkbox"/> learning disability <input type="checkbox"/> other _____		

1. I authorize the Camp Director and/or his appointee of Staff, in the event of an accident, injury or illness affecting the above named camper, to authorize on my behalf all medical and other procedures, including the admission to hospital and other necessary treatment, as he/she may deem essential for the care and well-being of the said camper. Such action is to be taken only when the camper is unable to communicate those needs and/or the camper is under the age of 18 years and the legal guardian cannot be contacted
2. I understand that Camp Kitchikewana reserves the right to cancel registration if the medical information is not completed and if authorization is not signed by the parent/guardian or individual if over 18 years of age. Completed medical forms must accompany all campers to camp (or be mailed to Kitchi before your camp session begins)
3. Camp Kitchi reserves the right to use photos for advertising purposes unless otherwise instructed

Date: _____/_____/_____ Signature: _____
 (Guardian signature if camper is under 18 years of age)

YMCA of Simcoe/Muskoka Privacy Statement:



"The YMCA strives to ensure that volunteers and staff conduct their relationships with each other, participants and all other Association contacts with integrity, good judgment and fairness. The YMCA respects the right of individuals to the protection of their personal information. The YMCA is committed to maintaining the confidentiality, privacy, and accuracy of personal information it collects, uses and discloses about its participants, members, donors, parents/guardians, staff and volunteers."