



Waypoint Pool Program Schedule

Offering Aquafit, Lanes & Adult Open Swim 3 days a week

TIME	Monday	Wednesday	Saturday	
9:00-9:45			Lane Swim	
9:45-10:00			Adult Open Swim	
10:00-10:45			Aquafit*	
10:45-11:00			Adult Open Swim	
11:00-11:45			Aquafit*	
11:45-12:15			Time to shower & change	
12:15-5:00				
5:00-5:45			Lane Swim	Lane Swim
5:45-6:00	Adult Open Swim	Adult Open Swim		
6:00-6:45	Aquafit*	Aquafit*		
6:45-7:00	Adult Open Swim	Adult Open Swim		
7:00-7:45	Aquafit*	Aquafit*		
7:45-8:15	Time to shower & change	Time to shower & change		

*Pre-registration for all aquafit classes.

To register or for more information contact our membership team at 705-526-7828

Please note: Parking is available in front of the Atrium building. Please bring your own towel as we will not be able to offer towel service.

