



Midland YMCA

Fall 2022 Swim Lessons Schedule

Parent and Tot (3-36 months) *Splasher/Bubbler*

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Splasher/Bubbler	5:20-5:50pm	11:30-12:00pm 4:45-5:15pm	5:55-6:25pm	11:30-12:00pm 4:35-5:05pm		9:35-10:05am

Pre-School (3-5 years) *Bobber, Floater, Glider, Diver, Surfer, Jumper*

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bobber/Floater	11:30-12:00pm 4:00-4:30pm 5:45-6:15pm	4:00-4:30pm 5:30-6:00pm 5:45-6:15pm	11:30-12:00pm 4:35-5:05pm 5:10-5:40pm	5:10-5:40pm		9:00-9:30am 10:20-10:50am
Glider/Diver	4:35-5:05pm	5:10-5:40pm 6:05-6:35pm	4:00-4:30pm 5:05-5:35pm	4:35-5:05pm		9:40-10:10am 10:55-11:25am
Surfer/Jumper	5:10-5:40pm	4:35-5:05pm	5:45-6:15pm	4:00-4:30pm		9:45-10:15am 10:10-10:40am

Child (6-12 years) *Otter, Seal, Dolphin, Swimmer, Star 1-*

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Otter/Seal	4:45-5:15pm 5:55-6:25pm	4:10-4:40pm 5:20-5:50pm	4:10-4:40pm 4:45-5:15pm 6:15-6:45pm	4:35-5:05pm		9:05-9:35am 10:50-11:20am
Dolphin/ Swimmer	4:10-4:40pm 6:05-6:35pm	4:20-4:50pm 4:55-5:25pm 5:55-6:25pm	4:55-5:25pm 5:20-5:50pm 5:40-6:10pm			9:10-9:40am 10:45-11:15am
Star 1/2	4:55-5:25pm 5:30-6:00pm	4:20-4:50pm 4:55-5:25pm 5:30-6:00pm	4:20-4:50pm 6:05-6:35pm			9:45-10:15am 10:20-10:50am 10:55-11:25am
Star 3/4	4:20-4:50pm	6:05-6:35pm	5:30-6:00pm	4:00-4:30pm		10:15-10:45am
Star 5/6/7			4:30-5:00pm	4:00-4:30pm		9:10-9:40am

Advanced Aquatics

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jr. Lifeguard (\$)				5:10-5:55pm		
Aquatic Leadership Part 1 (Starts Sept 29th)				3:00-6:00pm *Additional dates required		

Private Lessons (\$40+tax/lesson)

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons	6:20-6:50pm	6:20-6:50pm		5:45-6:15pm 6:00-6:30pm		11:25-11:55am 11:30-12:00pm

Adult Swim Lessons (Drop In)

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Lessons		6:30-7:00pm			11:15-11:45am	



Midland YMCA Swim Lessons

Fall 2022

Parent and Tot: Splasher/Bubbler (6mo-3yrs)

YMCA Li'l Jumpers program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

PreSchool: Bobber/Floater/Glider/Diver/Surfer/Jumper(3-5yrs)

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Child Swim Lessons: Otter/Seal/Dolphin/Swimmer (6-12yrs)

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Child Advanced Swim Lessons: Star 1,2,3,4 (6-12yrs)

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

Child Aquatic Leadership: Star 5 through 7 (8-12yrs)

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of three levels - Star 5, Star 6, and Star 7 - that develop first aid, lifesaving, and advanced swimming skills. Successful Star 7 participants will be able to seamlessly move into Bronze Star or Bronze Medallion.

What Swim Level is My Child in?

Visit swimgen to find your child's past and current swim reports.

<http://swimgen.net/search/midymca>

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use this conversion chart to know which YMCA level to put your child in.



Red Cross	Lifesaving Society	YMCA
Starfish	Parent and Tot 1	Splashers
Duck	Parent and Tot 2	Bubblers
Sea Turtle	Parent and Tot 3	Bubblers
Sea Otter	Preschool A	Bobbers
Salamander	Preschool A	Floater
Salamander	Preschool B	Glider
Sunfish	Preschool B	Diver
Crocodile	Preschool C	Surfer
Whale	Preschool D	Jumper
Whale	Preschool D	Jumper
Swim Kids 1	Swimmer 1	Otter
Swim Kids 2	Swimmer 2	Seal
Swim Kids 2/3	Swimmer 3	Dolphin
Swim Kids 4/5	Swimmer 4	Swimmer
Swim Kids 6	Swimmer 5	Swimmer
Swim Kids 7	Swimmer 6	Star 1
Swim Kids 8	CSP- Rookie	Star 2/3
Swim Kids 9	CSP- Ranger	Star 3/4
Swim Kids 10	CSP- Star	Star 5/6
Swim Kids 10	Bronze Star	Star 7

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck. Outdoor footwear is not allowed on our pool deck as per public health regulations.



Our staff are up-to-date on cleaning protocols and new teaching methods so we can ensure your visit to the YMCA is safe and fun! We will continue to adapt and evolve in an effort to keep everyone healthy and well.