



# Collingwood Swim Lessons and Advanced Aquatics Programs

Fall 2022, September 12 – December 18

Registration Opens

7:00am, 6 Aug 22

Parent and Tot 3-36 Months						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Splasher/Bubbler</b>		9:15am-9:45am 4:00pm-4:30pm	4:00pm-4:30pm	9:15am-9:45am 4:00pm-4:30pm		9:00am-9:30am
Pre-school 3 – 5 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Bobber/Floater</b>		9:55am-10:25am 4:40pm-5:10pm 5:20pm-5:50pm 6:00pm-6:30pm	4:40pm-5:10pm 6:00pm-6:30pm	9:55am-10:25am 4:40pm-5:10pm 5:20pm-5:50pm		9:40am-10:10am 10:20am-10:50am
<b>Glider/Diver</b>		6:00pm-6:30pm	4:40pm-5:10pm 6:00pm-6:30pm	4:00pm-4:30pm		9:00am-9:30am
<b>Surfer/Jumper</b>		4:40pm-5:10pm		4:40pm-5:10pm		10:20am-10:50am
Child 6 - 12 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Otter/Seal</b>		4:00pm-4:30pm 4:40pm-5:10pm	4:40pm-5:10pm 5:20pm-5:50pm 5:20pm-5:50pm	4:00pm-4:30pm 5:20pm-5:50pm		9:40am-10:10am 11:00am-11:30am
<b>Dolphin/Swimmer</b>		4:00pm-4:30pm 5:20pm-5:50pm 6:00pm-6:30pm	4:00pm-4:30pm 5:20pm-5:50pm	4:40pm-5:10pm		9:00am-9:30am 9:40am-10:10am 11:00am-11:30am
<b>Star 1 &amp; 2</b>		5:20pm-5:50pm	4:00pm-4:30pm 6:00pm-6:30pm	5:20pm-5:50pm		10:20am-10:50am
<b>Star 3 &amp; 4</b>				6:00pm-6:45pm		11:00am-11:45am
<b>Star 5, 6 &amp; 7</b>				6:00pm-6:45pm		

## Private Swim Lessons

YMCA private swim lessons are offered in a one-on-one setting with your specific needs in mind. Safety is our top priority, and we are taking extra measures and precautions to keep our participants safe. Our staff are equipped with goggles and/or a visor to provide instruction in a safe environment.

Please contact your membership centre for scheduling and registration.

- 1 lesson: \$40
- 4 lessons: \$160
- 8 lessons: \$320
- 12 lessons: \$480

Schedule subject to change. Please visit our website to check on the class times, cancellations or program changes



Advanced Aquatics
<b>Bronze Medallion &amp; Emergency 1<sup>st</sup> Aid</b> Mondays, 4:00pm-6:00pm, 12Sep-12Dec, 13+ years, \$195
<b>Bronze Cross &amp; Standard 1<sup>st</sup> Aid</b> Fridays, 4:00pm-6:30pm, 16Sep-16Dec, \$195
<b>Junior Lifeguard Club</b> Mondays, 6:15pm-7:15pm, 12Sep-12Dec, 8-15 years, \$126
<b>Bronze Star</b> Mondays, 6:15pm-7:15pm, 12Sep-12Dec, 12+ years, \$105
<b>YMCA Swim Instructor, fee applies</b> Friday 9Sep, 4:00pm-8:00pm, Saturday 10Sep, 9:00am-4:00pm Sunday 11Sep, 18Sep, 25Sep, 2Oct, 9:00am-2:00pm
<b>Standard First Aid &amp; Standard First Aid Recertification NEW</b> First Aid - Sat 22Oct & Sun 23Oct, 9:00am-5:00pm, Recert Sun 23Oct only Member: \$113.00, non-member \$141.25
<b>National Lifeguard &amp; Lifeguard Recertification</b> Friday 4&11Nov 4:00pm-8:00pm, Saturday 5&12 Nov 9:00am-7:00pm, Sunday 6&13 Nov 9:00am-5:00pm, \$203.40 member Recert Sunday 12:00pm-5:00pm, \$84.95 member



# Collingwood Swim Lessons and Advanced Aquatics Programs

## Fall 2022, September 12 – December 18

### Parent and Tot: Splasher / Bubbler (6 months – 3 years)

YMCA Li'l Jumpers program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

### Preschool: Bobber/Floater/Glider/Diver/Surfer/Jumper (3-5 years)

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

### Child Swim Lessons: Otter/Seal/Dolphin/Swimmer (6-12 years)

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

### Child Advanced Swim Lesson: Star 1,2,3,4 (6-12 years)

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

### Child Aquatic Leadership: Star 5, 6, 7 (8-12 years)

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of three levels - Star 5, Star 6, and Star 7 - that develop first aid, lifesaving, and advanced swimming skills. Successful Star 7 participants will be able to seamlessly move into Bronze Star or Bronze Medallion.

## What Swim Level is My Child in?

Visit [swimgen.net](http://swimgen.net) to find your child's past and current swim reports. Access website below using your child's membership number to look up report card.

<http://swimgen.net/search/colymca>

Our staff are available to help assess your child's swim level.

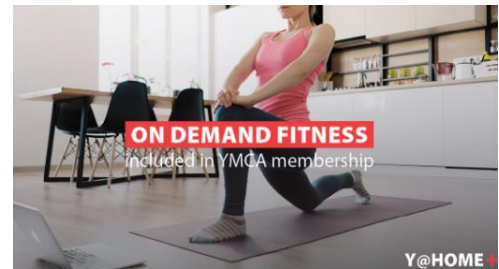
If your child has taken swim lessons outside of the YMCA simply use this conversion chart to know which YMCA level to put your child in.

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck. Outdoor footwear is not allowed on our pool deck as per public health regulations.



## Included with your Membership!

Please ask for your online access code from the membership desk. Valued at \$15 a month.



Red Cross	Lifesaving Society	YMCA
Starfish	Parent & Tot 1	Splashers
Duck	Parent & Tot 2	Bubblers
Sea Turtle	Parent & Tot 3	Bubblers
Sea Otter	Preschool A	Bobbers
Salamander	Preschool A	Bobbers
Salamander	Preschool B	Glider
Sunfish	Preschool B	Divers
Crocodile	Preschool C	Surfers
Whale	Preschool D	Jumpers
Swim Kids 1	Swimmer 1	Otter
Swim Kids 2	Swimmer 2	Seal
Swim Kids 2/3	Swimmer 3	Dolphin
Swim Kids 4/5	Swimmer 4	Swimmer
Swim Kids 6	Swimmer 5	Swimmer
Swim Kids 7	Swimmer 6	Star 1
Swim Kids 8	CSP – Rookie	Star 2/3
Swim Kids 9	CSP – Ranger	Star 3/4
Swim Kids 10	CSP – Star	Star 5/6
Swim Kids 10	Bronze Star	Star 7