



YMCA of
Simcoe/Muskoka
Camp Kitchikewana



YMCA CAMP KITCHIKEWANA

PACKING GUIDE

WHAT TO BRING

Clothing & Equipment (Suggested)

- ☐ t-shirts
- ☐ pants
- ☐ shorts
- ☐ socks (warm)
- ☐ underwear
- ☐ bathing suits (2)
- ☐ pajamas
- ☐ sweater
- ☐ windbreaker/jacket
- ☐ raincoat with hood
- ☐ sneakers (1 pair)
- ☐ water shoes/sandals
- ☐ hat – full brim
- ☐ pre-labelled envelopes/stamps, paper, pens
- ☐ pillow
- ☐ blanket
- ☐ sleeping bag
- ☐ fitted sheet for mattress
- ☐ face cloth
- ☐ toothpaste/brush
- ☐ shampoo/soap
- ☐ large beach towel (2 recommended)
- ☐ insect repellent
- ☐ water bottle
- ☐ flashlight
- ☐ batteries
- ☐ sunblock

Supplemental Gear (Leadership)

- ☐ water bottle (1 litre capacity)
- ☐ long underwear (top and bottom)
- ☐ notebook, paper, & writing utensils
- ☐ sunglasses
- ☐ waterproof rain gear (jacket/pants)
- ☐ \$20 cash
- ☐ wristwatch

Please leave all cellphones at home



SUGGESTIONS

Optional Items & Suggestions

- ☐ **Life jacket/PFD** - Please label it clearly and ensure it is the proper size for your child. (Life jackets should fit comfortably and stay in place when your child raises their arms above their head. You should not be able to lift the life jacket over your child's head). Please remind your camper to keep track of their life jacket and take it home with them on the final day of camp. Camp Kitchikewana does provide plenty of life jackets if you do not wish to bring/purchase your own.
- ☐ **Formal clothes** - One change of clean/nicer clothing for our special occasions (two-week campers, Leadership participants).
- ☐ **Disposable Cameras** - are recommended (please label well).
- ☐ **Musical instruments**

Leave at Home

- Money
- Pocket Knives
- Valuables
- All food items!
- Cell phones
- Hand held computer games
- Weapons
- Tobacco and Cannabis products
- Illegal drugs and alcohol

Notes & Things to Think About

- We encourage you to send "camp clothes" with your child. Please discuss which clothes, towels, etc. you are sending to camp with your child.
- The counsellors and waterfront staff will make every effort to provide your child the chance to recover lost items on a regular basis. However, your child is ultimately responsible for his/her belongings.
- Please clearly label clothing and equipment, particularly life jackets.
- Many children have the same initials; please write your child's full name on each item.
- We will hold lost and found items (for each session) for 14 days after the session ends.
- If we locate any of your camper's labeled items we will contact you.
- Camp will provide dishes and ground sheets for campers to use while on their overnight out-trip.
- Water shoes are socks/sport sandals/old sneakers that can be worn in the water when supervised programs are held outside of the main swimming area.
- For prescription drugs: please clearly label with camper name and dosage. All prescription drugs are stored in the wellness centre.

