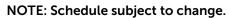
Innisfil YMCA

Swim Lessons - Summer 2024 July 02 - August 25

| Parent and Tot 6 Months-3 Years | | | | | | | | |
|---------------------------------|---|---|---|----------|---|--|--|--|
| Level | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| Splasher/ Bubbler | 5:45pm-6:15pm | 4:00pm-4:30pm | 4:35pm-5:05pm | | | 10:10am-10:40am | | |
| Preschool 3-5 Years | | | | | | | | |
| Level | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| Bobber | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | | | 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am 11:20am-11:50am | | |
| Floater/Glider | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | | | 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am 11:20am-11:50am | | |
| Diver/Surfer/ Jumper | 4:00pm-4:30pm | 6:20pm-6:50pm | 5:45pm-6:15pm | | | 9:35am-10:05am | | |
| Child 6-12 Years | | | | | | | | |
| Level | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| Otter | 4:00pm-4:30pm 4:35pm-5:05pm 5:45pm-6:15pm 6:20pm-6:50pm | 4:00pm-4:30pm 4:35pm-5:05pm 5:10pm-5:40pm 5:45pm-6:15pm | 4:00pm-4:30pm 5:10pm-5:40pm 5:45pm-6:15pm 6:20pm-6:50pm | | | 9:00am-9:30am 9:35am-10:05am 10:45am-11:15am 11:20am-11:50am | | |
| Seal/Dolphin | 4:00pm-4:30pm 5:10pm-5:40pm 5:45pm-6:15pm | 4:00pm-4:30pm 5:10pm-5:40pm 6:20pm-6:50pm | 4:35pm-5:05pm 5:10pm-5:40pm 6:20pm-6:50pm | | | 9:00am-9:30am 10:10am-10:40am 10:45am-11:15am 11:20am-11:50am | | |
| Swimmer/Star 1 | 5:10pm-5:40pm 6:20pm-6:50pm | 4:35pm-5:05pm 5:45pm-6:15pm | 4:00pm-4:30pm 6:20pm-6:50pm | | | 10:10am-10:40am 11:20am-11:50am | | |
| Star 2 & 3 | 4:35pm-5:05pm | 6:20pm-6:50pm | 4:35pm-5:05pm 5:45pm-6:15pm | | 4:30pm-5:00pm 6:00pm-6:30pm | 9:35am-10:05am | | |
| Star 4,5 & 6 | 5:10pm-5:40pm | | | | 5:00pm-5:30pm 6:00pm-6:30pm | 10:45am-11:15am | | |
| Private Swim Lesson | 4:35pm-5:05pm | 5:10pm-5:40pm 5:45pm-6:15pm | 4:00pm-4:30pm | | 4:00pm-4:30pm 4:30pm-5:00pm 5:00pm-5:30pm 5:30pm-6:00pm 6:00pm-6:30pm | 9:00am-9:30am | | |
| Low Sensory | 6:20pm-6:50pm | 4:35pm-5:05pm | 5:10pm-5:40pm | | | 11:20am-11:50am | | |



Please visit our Portal to check on the class times, cancellations or program changes.



Innisfil YMCA

Swim Lessons - Summer 2024 July 02 - August 25

Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

What Swim Level is My Child in? Visit swimgen to find your child's past and current swim reports. Access website below using your child's membership number to look up report card. swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck.

Outdoor footwear is not allowed on our pool deck as per public health regulations.

Private Swim Lessons

Please contact your membership centre for scheduling and registration.

| One 30 minute lesson | \$40 |
|---------------------------|---------|
| Four 30 minutes lessons | \$144 |
| Eight 30 minutes lessons | . \$288 |
| Twelve 30 minutes lessons | \$432 |

| Swim Program Conversion Chart | | | | | | | |
|-------------------------------|-----------------------|----------|--|--|--|--|--|
| Red Cross | Lifesaving Society | YMCA | | | | | |
| Starfish | Parent and Tot 1 | Splasher | | | | | |
| Duck | Parent and Tot 2 | Bubbler | | | | | |
| Sea Turtle | Parent and Tot 3 | Bubbler | | | | | |
| | | | | | | | |
| Sea Otter | Preschool 1 | Bobber | | | | | |
| Salamander | Preschool 1 | Floater | | | | | |
| Sunfish | Preschool 2 | Glider | | | | | |
| Sunfish | Preschool 3 | Diver | | | | | |
| Crocodile | Preschool 4 | Surfer | | | | | |
| Whale | Preschool 5 | Jumper | | | | | |
| | | | | | | | |
| Swim Kids 1 | Swimmer 1 | Otter | | | | | |
| Swim Kids 1 | Swimmer 1 | Seal | | | | | |
| Swim Kids 2/3 | Swimmer 2 | Dolphin | | | | | |
| Swim Kids 4/5 | Swimmer 3 | Swimmer | | | | | |
| Swim Kids 6/7 | Swimmer 4 | Star 1 | | | | | |
| Swim Kids 8 | Swimmer 5 | Star 2 | | | | | |
| Swim Kids 9 | Swimmer 6 | Star 3 | | | | | |
| Swim Kids 9 (400m Swim) | Rookie | Star 4 | | | | | |
| Swim Kids 10 | Ranger | Star 4 | | | | | |
| Swim Kids 10 (500m) | Star | Star 6 | | | | | |

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

