

# Midland Beach YMCA

## Swim Lessons - Summer 2024

July 2 - August 23 2024

Parent and Tot 6 Months-3 Years							
Dates	2 Week Sessions Mon-Fri				4 Week Sessions Tues & Thurs		8 Week Session Wed
	July 2-12	July 15-26	July 29-Aug 9	Aug 12-23	July 2-25	July 30-Aug 22	July 2-Aug 21
Splasher/ Bubbler			11:15 - 11:45am		5:10 - 5:40pm		5:45 - 6:15pm
Preschool 3-5 Years							
Dates	2 Week Sessions Mon-Fri				4 Week Sessions Tues & Thurs		8 Week Session Wed
	July 2-12	July 15-26	July 29-Aug 9	Aug 12-23	July 2-25	July 30-Aug 22	July 2-Aug 21
Bobber	11:15 - 11:45am	12:25 - 12:55pm		12:25 - 12:55pm	4:35 - 5:05pm	4:35 - 5:05pm	5:10 - 5:40pm
Floater/ Glider	11:50 - 12:20pm		11:50 - 12:20pm		4:00 - 4:35pm	5:10 - 5:40pm	5:45 - 6:15pm
Diver/ Surfer/ Jumper		11:15 - 11:45am		11:15 - 11:45am		4:00 - 4:30pm	4:00 - 4:30pm
Child 6-12 Years							
Dates	2 Week Sessions Mon-Fri				4 Week Sessions Tues & Thurs		8 Week Session Wed
	July 2-12	July 15-26	July 29-Aug 9	Aug 12-23	July 2-25	July 30-Aug 22	July 2-Aug 21
Otter	11:15 - 11:45am	11:50 - 12:20pm	11:15 - 11:45am	11:50 - 12:20pm	4:00 - 4:30pm	5:10 - 5:40pm	4:35 - 5:05pm
Seal/ Dolphin	12:25 - 12:55pm	11:50 - 12:20pm	12:25 - 12:55pm	11:50 - 12:20pm	4:35 - 5:05pm	5:45 - 6:15pm	5:10 - 5:40pm
Swimmer/ Star 1	11:50 - 12:20pm	12:25 - 12:55pm	11:50 - 12:20pm	12:25 - 12:55pm	5:45 - 6:15pm	5:45 - 6:15pm	4:00 - 4:30pm
Star 2 & 3	12:25 - 12:55pm		12:25 - 12:55pm		5:10 - 5:40pm	4:35 - 5:05pm	4:35 - 5:05pm
Star 4, 5 & 6		11:15 - 11:45am		11:15 - 11:45am	5:45 - 6:15pm	4:00 - 4:30pm	
Advanced Aquatics							
Bronze Medallion	July 2 - July 23		Tuesday & Thursday		11:00am - 2:00pm		
Bronze Cross	August 6 - August 27		Tuesday & Thursday		11:00am - 2:00pm		

**NOTE: Schedule subject to change.**

Please visit our Portal to check on the class times, cancellations or program changes.



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### Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

### Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Little Jumpers program will introduce your preschooler to the basics of swimming.

### Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

### Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

### Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

### Swim Program Conversion Chart

Red Cross	Lifesaving Society	YMCA
Starfish	Parent and Tot 1	Splasher
Duck	Parent and Tot 2	Bubbler
Sea Turtle	Parent and Tot 3	Bubbler
Sea Otter	Preschool 1	Bobber
Salamander	Preschool 1	Floater
Sunfish	Preschool 2	Glider
Sunfish	Preschool 3	Diver
Crocodile	Preschool 4	Surfer
Whale	Preschool 5	Jumper
Swim Kids 1	Swimmer 1	Otter
Swim Kids 1	Swimmer 1	Seal
Swim Kids 2/3	Swimmer 2	Dolphin
Swim Kids 4/5	Swimmer 3	Swimmer
Swim Kids 6/7	Swimmer 4	Star 1
Swim Kids 8	Swimmer 5	Star 2
Swim Kids 9	Swimmer 6	Star 3
Swim Kids 9 (400m Swim)	Rookie	Star 4
Swim Kids 10	Ranger	Star 4
Swim Kids 10 (500m)	Star	Star 6

### What Swim Level is My Child in?

Visit [swimgen.net](http://swimgen.net) to find your child's past and current swim reports. Access website below using your child's membership number to look up report card.  
[swimgen.net/search](http://swimgen.net/search)

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck. Outdoor footwear is not allowed on our pool deck as per public health regulations.

### Private Swim Lessons

Please contact your membership centre for scheduling and registration.

One 30 minute lesson.....\$40  
 Four 30 minutes lessons.....\$144  
 Eight 30 minutes lessons..... \$288  
 Twelve 30 minutes lessons.....\$432

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

