## Wasaga Beach YMCA

### Swim Lessons - Summer 2024

July 3rd - July 28th & July 31st- August 23rd

Parent and Tot 6 Months-3 Years				
Level	Monday/Wednesday: July 3-28 <u>OR</u> July 31-August 23	Tuesday/Thursday: July 3-28 <u>OR</u> July 31-August 23	Saturday: July 2-August 25	
Splasher/ Bubbler	12:00-12:30pm (Monday Only)	6:10-6:40pm (July Only)	10:00-10:30am	
Preschool 3-5 Years				
Level	Monday/Wednesday: July 3-28 <u>OR</u> July 31-August 23	Tuesday/Thursday: July 3-28 <u>OR</u> July 31-August 23	Saturday: July 2-August 25	
Bobber	5:35-6:05pm 6:45-7:15pm	5:35-6:05pm 6:45-7:15pm	10:00-10:30am 11:10-11:40am	
Floater/ Glider	5:35-6:05pm 6:10-6:40pm	5:35-6:05pm 6:10-6:40pm	10:35-11:05am	
Diver/ Surfer/ Jumper	6:10-6:40pm 6:45-7:15pm	6:10-6:40pm	11:10-11:40am 11:45am-12:15pm	
		Child 6-12 Years		
Level	Monday/Wednesday: July 3-28 <u>OR</u> July 31-August 23	Tuesday/Thursday: July 3-28 <u>OR</u> July 31-August 23	Saturday: July 2-August 25	
Otter	5:35-6:05pm 6:45-7:15pm	5:35-6:05pm 6:45-7:15pm	10:00-10:30am 10:35-11:05am	
Seal/ Dolphin	6:10-6:40pm	6:10-6:40pm (August Only) 7:20-7:50pm	11:10-11:40am	
Swimmer/ Star 1	7:20-7:50pm	6:45-7:15pm 7:20-7:50pm	10:35-11:05am	
Star 2 & 3	7:20-7:50pm	7:20-7:50pm	11:45am-12:15pm	
Star 4, 5 & 6	7:20-7:50pm		11:45am-12:15pm	



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#### **Parent and Tot**

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

#### **Preschool Swim Lessons**

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

#### Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and selfconfidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

#### Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

#### Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

What Swim Level is My Child in?

Visit swimgen to find your child's past and current swim reports. Access website below using your child's membership number to look up report card. swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck. Outdoor footwear is not allowed on our pool deck as per public health regulations.

#### **Private Swim Lessons**

Please contact your membership centre for			
scheduling and registration.			
One 30 minute lesson	\$45		
Four 30 minutes lessons	\$170		
Eight 30 minutes lessons	\$340		
Twelve 30 minutes lessons	\$450		

Swim Program Conversion Chart				
Red Cross	Lifesaving Society	ҮМСА		
Starfish	Parent and Tot 1	Splasher		
Duck	Parent and Tot 2	Bubbler		
Sea Turtle	Parent and Tot 3	Bubbler		
Sea Otter	Preschool 1	Bobber		
Salamander	Preschool 1	Floater		
Sunfish	Preschool 2	Glider		
Sunfish	Preschool 3	Diver		
Crocodile	Preschool 4	Surfer		
Whale	Preschool 5	Jumper		
Swim Kids 1	Swimmer 1	Otter		
Swim Kids 1	Swimmer 1	Seal		
Swim Kids 2/3	Swimmer 2	Dolphin		
Swim Kids 4/5	Swimmer 3	Swimmer		
Swim Kids 6/7	Swimmer 4	Star 1		
Swim Kids 8	Swimmer 5	Star 2		
Swim Kids 9	Swimmer 6	Star 3		
Swim Kids 9 (400m Swim)	Rookie	Star 4		
Swim Kids 10	Ranger	Star 4		
Swim Kids 10 (500m)	Star	Star 6		

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

