



Preschool, Child, and Youth Programs

Fall Schedule

September 3, 2024 - January 5, 2025

Registration Opens August 17 - Members
August 19 - Non-Members

Drop In Child Programs							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stay and Play 0-5 years	9:00-11:30am	9:00-11:30am		9:00-11:30am	7:45-10:30am	7:30-10:45am	
Y Kids 3-5 years 6-12 years		5:15-7:15pm		5:15-7:15pm		7:45-10:15 MPR 10:15-10:45 gym	
Drop In Youth Programs							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth Basketball 10-17 years	3:00-4:45pm	3:30-5:30pm	3:00-5:15pm	3:30-5:30pm	2:30-5:30pm		
Youth Volleyball 10-17 years					6:45-8:45pm		
Registered Child and Youth Programs							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soccer Fundamentals (\$)			3-5 years 5:30-6:30pm 6-12 years 6:45-7:45pm				
Basketball Fundamentals (\$)						3-5 years 11:00-12:00pm 6-12 years 12:15-1:15pm	
Volleyball Fundamentals (\$)					13-17 years 5:45-6:45pm		
Home Alone (\$)						10+ years 9:00-2:00pm Oct 6	
Babysitter's Course (\$)						12+ years, 9:00-3:00pm Oct 19 & 20	
Youth Leaders Grade 9-10 Intermediate Grade 11-12 Advanced			4:00-5:30pm				
Youth Leaders Gr 5-6 LIT Gr 7-8 Junior Leader					4:30-6:00pm		

See back for full details of registered courses schedule dates and pricing.

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.



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Fall Schedule

Program Name	Program Information	Description
Home Alone Course \$25	Ages 10+ yrs 9:00am - 2:00pm Sunday, October 6, 2024	Join us for our Home Alone Course that will provide youth with the life skills such as; basic first aid and safety, problem-solving skills, establishing a routine, responsibilities, stranger safety, and how to handle emergencies.
Babysitter's Course \$50	Ages 12+ yrs 9:00am - 3:00pm Saturday, October 19 & Sunday, October 20, 2024	Join us for our Babysitting Course that will provide youth with the life skills such as; basic first aid, problem solving skills, how to handle emergencies, diaper practice, and job professionalism.
Basketball Fundamentals \$30 member \$130 non-member	Ages: 3-5 years 11:00-12:00pm Ages: 6-12 years 12:15-1:15pm Sep 14 - Oct 26	Participants will develop the fundamental skills of basketball, including: dribbling, passing, shooting, and defensive strategy, to complete their play in full court games. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport.
Soccer Fundamentals \$30 member \$130 non-member	Ages: 3-5 years 5:30-6:30pm Ages: 6-12 years 6:45-7:45pm Sep 11 - Oct 23	Participants will grow their knowledge in the basic skills of soccer, including: dribbling, passing, shooting and field strategy. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport.
Volleyball Fundamentals \$30 member \$130 non-member	Ages: 13-17 years 5:45-6:45pm Sep 13 - Nov 1	Participants will progress through the fundamentals of volleyball, including: serving, bumping, volleying, spiking and other skills to combine their play in team games. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport. Participants will be prepared for Volleyball Level 2 at the end of this program.

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